

Name :

Age :

ANTDATE

BLSA ID

Visit No.

Date Completed

[][][][]

[][]

[][] / [][] / [2][0][][]

BLSAID

VISIT

BODY MEASUREMENTS

Tester ID 1

[][][]

ANTTID1

Vital Signs

1. Body Temperature (Fahrenheit) ANT01 [][][] . [] °F

2. Pulse (bpm): ANT02 [][][] beats/min

3. Respirations: ANT03 [][] breaths per min

4. Blood Pressure
a. Systolic [][][] / b. Diastolic [][][] mmHg
ANT04A ANT04B

Height average (not scan) - - - - . - - -

BMI (not scan) - - - - . - - -

Standing Anthropometry (1)

5. Weight (kg) ANT05 [][][] . [] kg

6. Height (cm)
6a. Measurement 1 ANT06A [][][] . [] cm
6b. Measurement 2 ANT06B [][][] . [] cm
6c. Measurement 3 ANT06C [][][] . [] cm

Tester ID 3* [][][] ANTTID3

13. Tibia length (cm) ANT13 [][][] . [] cm

Tester ID 2* [][][] ANTTID2 *(If no time/no tester, enter: 999 If refused enter: 777)

Standing Anthropometry (2)

7. Waist Diameter (cm) (expected: 15 to 50cm)

7a. Measurement 1 ANT07A [][] . [] cm

7b. Measurement 2 ANT07B [][] . [] cm

7c. Measurement 3 ANT07C [][] . [] cm

8. Waist Depth (cm)(expected: 15 to 50cm)

8a. Measurement 1 ANT08A [][] . [] cm

8b. Measurement 2 ANT08B [][] . [] cm

8c. Measurement 3 ANT08C [][] . [] cm

Skinfold Thickness

12. Right Arm Skinfold Thickness (mm)(05 to 40mm)

12a. Measurement 1 ANT12A [][] mm

12b. Measurement 2 ANT12B [][] mm

12c. Measurement 3 ANT12C [][] mm

IF OUT OF EXPECTED RANGE PLEASE MEASURE AGAIN

Circumferences

9. Upper Abdomen (cm)(70 to 150cm)

9a. Measurement 1 ANT09A [][][] . [] cm

9b. Measurement 2 ANT09B [][][] . [] cm

9c. Measurement 3 ANT09C [][][] . [] cm

10. Lower Abdomen (cm)(70 to 150cm)

10a. Measurement 1 ANT10A [][][] . [] cm

10b. Measurement 2 ANT10B [][][] . [] cm

10c. Measurement 3 ANT10C [][][] . [] cm

11. Buttock (cm)(expected: 70 to 150cm)

11a. Measurement 1 ANT11A [][][] . [] cm

11b. Measurement 2 ANT11B [][][] . [] cm

11c. Measurement 3 ANT11C [][][] . [] cm

Draft



BLSA ID

--	--	--	--

Visit No.

--	--

BODY MEASUREMENTS

Circumferences

14. Head (cm)(expected: 40 to 70cm)

Before DEXA

14a. Measurement 1

--	--	--

 .

--

 cm **ANT14a**

14b. Measurement 2

--	--	--

 .

--

 cm **ANT14b**

After DEXA

14c. Measurement 3

--	--	--

 .

--

 cm **ANT14c**

